



# Callington Primary School

*'Preparing Children for the Future'*

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## NUT ALLERGY AWARENESS POLICY

Created June 2026 (Endorsed by Governing Council 29/5/2026)

Due for update June 2028

### Purpose (now and in the future)

- To provide a safe learning environment for all members of the Callington Primary School community.
- To raise the awareness of all members of the community regarding severe allergies.

### Specific Details

The nuts and nut products that this policy refers to include:

- Peanuts (even though they are officially legumes).
- Tree nuts (almonds, brazil nuts, cashews, hazelnuts, chestnuts, macadamia nuts, pecans, pine nuts, pistachios, walnuts).
- Peanut paste, Nutella, nut cooking oils and nut milks.
- Foods containing nuts (e.g. nut bars, some muesli and protein bars/balls, nut trail mix etc).
- Due to the difficulty of sourcing items that are guaranteed to be nut free, students may still bring food labelled 'may contain traces of nuts'.

### Management

The Nut Aware policy will be managed by:

- Students with nut allergies being taught by their families to be proactive in looking after their own health (e.g. not sharing or accepting others' food, checking that foods offered to them do not contain nuts).
- All parents and caregivers being **requested not** to send food to school that contains nuts.
- All staff will encourage students not to share food.
- All staff will encourage hand washing after eating.
- Staff participating in accredited training in dealing with Anaphylaxis (severe allergic reactions).

These steps are especially important in the Junior Primary, where young children are less able to manage their allergy.

### Action

If students have brought food items containing nuts:

- a) Supervising staff will inform the office
- b) Office will offer for that student to eat in the front office (and then monitor hand washing) OR
- c) Call home to ask for permission to provide alternative (e.g. toasted cheese sandwich or veggie chips/fruit)
- d) Staff will send a reminder note home in the student's lunchbox, with reference to the Nut Allergy Aware policy.

### Promotion of policy

- Parents and caregivers being informed via the newsletter
- New families to the school will be informed via the Parent Information Sheet enclosed in the enrolment pack.
- Staff being informed and provided with training opportunities
- Students being informed via teachers, signs and the newsletter

This school acknowledges that due to food processing practices it is impractical to eliminate nuts or nut products entirely from an environment where there is food. Thus, Nut Allergy "Aware" School.