



Newsletter Term 2 Week 6, 2022

Principal's report

<u>Tuning into Kids</u> – Our 5 week parenting course is underway. A small, but enthusiastic group of parents are attending the sessions with Lyal from CentaCare on Thursdays after school. If you would still like to join, there are spaces available! Session commence at 3:30pm in the library. The sessions complement the work we focus on in the classrooms on emotional regulation and increasing emotional intelligence through our Kimochis and Berry Street programs. What is Emotional Intelligence?

Emotional Intelligence is using your knowledge of emotions to guide you through the world. It can help to make clear decisions, to calm yourself down, to manage anger and conflict, to help you in your relationships, to understand what is happening in social situations and to assist you in any aspects of life that involves interacting with another person. Why is Emotional Intelligence important?

Children with greater emotional intelligence have been

Children with greater emotional intelligence have been shown to:

- have greater success with making friendships and be more able to manage conflict with peers
- have better concentration, which means they are more likely to be successful academically
- be more able to self soothe when upset or angry
- have fewer childhood illnesses
- have more stable and satisfying relationships as adults; and
- have greater career success ... emotional intelligence may be a better predictor of academic and career success than IQ! When parents focus on helping their child learn about emotions, the child is more likely to have higher emotional intelligence.

<u>Governing Council Sub Committees</u> — A reminder that our Governing Council members are keen to gather the collective energy of any interested Parents/Carers towards some priority areas in the school. If you have any interest in supporting these efforts, please speak to Chris (Luvinah's Dad) about grounds, Sam (Zoe and Riley's Mum) about fundraising or Simon (Albert and Pearl's Dad) about wellness.

<u>Materials and Services Charges discount</u> – As communicated earlier in the week, the new state government will provide a \$100 discount to fees in 2022 and 2023. We will be in contact about how this discount will be processed.

<u>Mid-Year intake</u> – Another change initiated by the new government is the introduction of a mid-year intake of receptions students from 2024 and preschool students in 2023. In today's newsletter there is a flyer explaining more.

If you would like to discuss any matter regarding your child's education, please send me an email or make an appointment through Sarah/Kate in the school office.

Kind regards, Paul Jude Paul.jude460@schools.sa.edu.au

Dates to Remember

Thursdays 26/5 – 23/6 Tuning into kids 3:30-5
13/6 Queen's birthday
21/6 Gov Council Mtg 6.30
24/6 Special Lunch Day order form & money due back
(See Flyer sent home 10/6/22)
6/7 Special Lunch Day & Crazy Hair Day Fundraiser
(See Flyer sent home 10/6/22)
8/7 Assembly, held by the Rec class at 1:45pm

Birthday





Hello from Jeanette!



(Pastoral Care Worker)

Hoping you are finding ways to keep warm!!

This week there are some tips for parents. Perhaps you use some of them already or you may like to try something new!

Tips for Parents

Expect more from your kids (challenge them).

Resist doing for them what they can do themselves. (Helps them develop independence.)

Don't redo what they've done. (This can discourage them.)

Let your child solve things for themselves. (Ask them what they think they could try.)

Assign manageable chores. (This can help build confidence that they can do things.)

Encouraging cooperation - praise is key.

Have predictable routines. (This builds a sense of predictability & security.)

Turn tasks that need to be done into a game (or use humour).

Give advanced warning before you expect them to move on to some else. (E. g. advanced notice before bed time or finishing a game.)

Give structured choices.

Avoid making "if" statements. (E. g. If you do, then you can have a treat. Instead use "<u>When</u> you do this then you can)

Encourage children to explore different options of what they could do ... if the say "I'm bored. Help them to brainstorm a list.

Turn on music while completing tasks. (It can make tasks more enjoyable!)

For more information about these tips, go to Parenting.com https://www.parents.com/parenting/better-parenting/ advice/20-tips-for-parents-from-preschool-teachers/

Til next time,

Warmly Jeanette





SPECIAL LUNCH AND



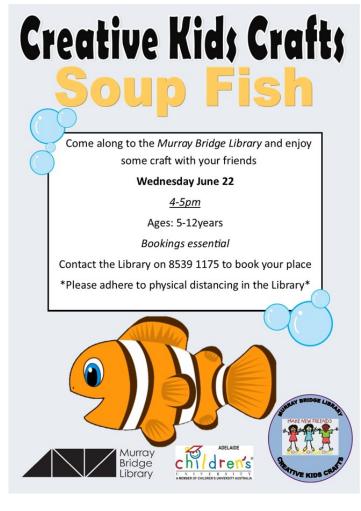
WEDNESDAY 6TH JULY (WEEK 10)

SEE ORDER FORM FOR MORE DETAILS













Bravery - Respect - Excellence - Mindfulness - Enthusiasm - Responsibility