## Walk Safely to School Day 19/5







# Newsletter Term 2 Week 6, 2023

# Principal's report

Hello families,

Welcome to the end of Week 6. I hope that this newsletter finds you safe and well and that you are all prepared for the wintery months ahead. Last newsletter I talked about the importance of reading. If you are looking for a book to expand your own knowledge about reading and how to encourage that love of reading with your children, hunt out the book by Paul Jennings "Catching the Reading Bug". It is a simple read and has some great tips including "saturate your children and explore with them at home, all kinds of different print and reading material, have fun with it and make it enjoyable".

Student wellbeing is a huge focus at our school and we are all committed to improving this for each child wherever possible. Part of this, is implementing strategies from the Berry Street program, which all staff were trained in last year. Catherine Bruce has outlined in more detail, later in the newsletter, what that looks like for our school.

**School recycling** – With the help of the 4/5/6 class, the whole school is taking steps to address recycling and what we can do as a school. This includes recycling the clean alfoil that is used on hot food days, separating and collecting left over food scraps for compost and collecting recyclable 10c drink containers. We have also started to collect soft plastic bread bags in exchange for sports equipment. This is something I mentioned in the last newsletter and was initiated by Chris Evans from our Governing Council. He comments below:

"The Governing Council is committed to supporting the school in educating students with regards to the importance of recycling and sustainability. It is therefore a great announcement to advise our Grounds Committee has managed to sign our school up to 1 of 2000 schools in participating in the Wonder Recycling Rewards, whereby all supermarket bread bags collected and returned to the recycling boxes will accrue reward points redeemable for sports equipment for our school. The Wonder Recycling boxes are located under the front verandah and between classrooms. So, let's do our school and community proud, by collecting as many bread bags as possible and earn some sports equipment for our school. Last day of collecting bread bags is the last day of Term 2 (Friday 7th July 2023)."

Posters have been put up around the school and in our local community (including the local shop) so we are hopeful that the whole community can get on board.



**Staffing** – Matt Ratcliff headed off on paternity leave just recently and we are pleased to share that Matt has welcomed a new baby boy into the world and all are doing well. In addition, after much deliberation and a heavy heart, Paul Roberts has decided to leave us to consolidate his groundsman hours at EFS. His last day was on Thursday and we sent him off with all of our best wishes. We are extremely grateful and thankful for the time, effort and commitment Paul has put into CPS over the 7 ½ years he has been with the school. He has left the school looking amazing and although we are sad to see him go, we wish him the very best for the future. We have been lucky enough to secure, Finch Cowlam who is groundsman at Mt Barker P.S. He will begin regularly in Term 3. Finally, for those that have missed the communication over the last few weeks, I have officially been appointed to Callington PS for the next 5 years as principal. I am excited to have found a new home and look forward to working with the whole school community.

**School events** – how wonderful it has been to be part of National Simultaneous Story Reading time, Reconciliation week activities and our latest whole school assembly. We got to see Mr Ratcliff provide an entertaining read of "The Speedy Sloth" which got lots of laughs. Children participated in sewing, painting, creating crafty snakes and playing games as part of our reconciliation celebrations and all students had a chance to showcase their learning during the whole school assembly. All of these events saw children actively engaging their brains in different ways and enjoying a sense of community.

Have a fantastic long weekend and don't forget the student free day on Tuesday. We look forward to seeing all students back at school on Wednesday. Take Care,

Suyin McDonald – Principal

## **Berry Street Education Model**

(and what it looks like at Callington Primary School)

The Berry Street Education Model (BSEM) is a strengths-based education model designed to improve student wellbeing and academic outcomes for students who have experienced trauma, through promoting a sense of safety, belonging and connection to their school and education. Whilst being developed specifically to support students with trauma, the practices and strategies within the model are suitable for all students and assist in developing wellbeing for all and creating engaging classrooms. There are five domains the BSEM focuses on – Body, Relationships, Stamina, Engagement and Character. These domains provide evidence-based practice, a common language for staff to use and model for students, and a variety of resources and strategies to implement across the school.

At Callington Primary School, staff have undertaken various professional development opportunities to deepen their knowledge and understanding of the BSEM. Teachers have implemented a range of the BSEM routines and strategies to enhance student wellbeing and resilience, foster positive classroom environments and promote improved learning opportunities. All classes participate in Morning Circles to begin the day in a calm, inclusive and structured manner in order to develop students' positive mindsets towards their learning. Brain breaks are also used in the classes to aid in developing self-regulation skills through breathing and calming activities, or to assist in rejuvenating students' focus through energetic and physical activities. Ready to Learn scales are used in classes for students to monitor and track their individual readiness for learning. There are a range of other BSEM strategies implemented across the school to support students as required.

For more information, visit the Berry Street Education Model website:

https://www.berrystreet.org.au

## Bremer Award recipients



Front - Lexi (Rec), Keevah & Luvinah (1/2), Sophie (Rec), Jake(2/3) Back—Hunter (2/3), Zac & Levi (4,5,6)



Patrick Soren

### **Dates to Remember**

Nate

12/6 Public holiday
13/6 Student Free day
20/6 Governing Council Mtg 6pm
Week 10—Naidoc Week
4/7 Special Food Day & PJ Day
7/7 Assembly at 1:40 —Kiwanis Awards
Reception class to host
Reports & Newsletter
Early Dismissal 2.20







Hello from Jeanette!

Hope you are going well!

In today's newsletter article I have listed some tips for supporting children when their behaviour is challenging. These are from Sue Larkey. (See <a href="https://suelarkey.com.au/understanding-challenging-behaviour/">https://suelarkey.com.au/understanding-challenging-behaviour/</a>)

Choose your battles – Ask yourself if how you react will help resolve or escalate the situation.

Try distracting your child to do something else.

Use a calm softer voice to convey what you want to say.

Try to "catch" your child doing lots of great things. (Even if they do it for a short period of time – give encouragement).

Let them be a special helper or give special jobs to do.

Don't take what they say personally (they may say some unhelpful or mean things – but what they want is a reaction – so don't react.)

If one strategy no longer works, try something different!

Use strategies to manage changes as for some children, changing routines can bring anxiety.

Give clear choices with set boundaries.

Break bigger tasks into smaller manageable steps.

Spend time with your child talking about or doing something they are interested in, so you are continuing to build a positive relationship with them.

Use physical prompts (e.g., pointing) rather than directly asking them to do something.

If anyone would like to discuss this further, feel free to catch up with me at school on Monday mornings or Wednesdays.

Until next time,

Warmly Jeanette Mann (Pastoral Care Worker - Callington Primary)



#### **CSIRO Bebras Challenge**

Early in Term 2 the upper primary class participated in the CSIRO Bebras Challenge. The computer-based challenge assesses computational thinking in the digital technologies. Well done to all students who participated. Callington's results were outstanding. Congratulations to the following students who received a result above participation

#### Merit

Jaxon

Grace

Steph Audrey

Katie

Ryder

#### Credit

Jet

#### Distinction

Kacee

#### **High Distinction**

Ila

Zac

Aurora



## **Community News**





For Our Elders

Ngarrindjeri Nation NAIDOC AWARDS 2023



The Ngarrindjeri Nation NAIDOC Awards recognise the outstanding contributions of Aboriginal and Torres Strait blander people.

Do you know someone who has improved the lives of First Nation's people in our local community and beyond? Who have promoted indigenous issues in the wider community? Or who has shown excellence in their chosen field?

If someone in our community deserves to be recognised then nominate them for a 2023 Ngarrindjeri NAIDOC Award!

Complete the below form to nominate someone who you think deserves an award. A separate form must be used if you want to nominate the person for more than one award.

Entries for the Ngarrindjeri Nation NAIDOC Awards must be provided to NREC by 12noon Friday 23 June 2023 by email: <u>administrate.org.log</u> or delivered to NREC at 50 Old Princess Hwy, Warray Bridge.

TICK WHICH AWARD

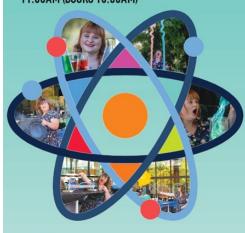
| Ø | AWARD   |
|---|---|
|   | Aboriginal/Torres Strait Islander Female Elder of the Year                        |
|   | (45 years & older)  |
|   | Aboriginal/Torres Straft Islander Male Elder of the Year                          |
|   | (45 years & older)  |
|   | Aboriginal/Torres Straft Islander Female Youth of the Year                        |
|   | (12-25 years)   |
|   | Aboriginal/Torres Strait Islander Male Youth of the Year                          |
|   | (12-25 years)   |
|   | Aboriginal/Torres Strait Islander Female Worker of the Year                       |
|   | Aboriginal/Torres Straft Islander Male Worker of the Year                         |
|   | Aboriginal/Torres Straft Islander Sportsperson of the Year                        |
|   | Aboriginal/Torres Straft Islander Artist of the Year                              |
|   | Aboriginal/Torres Strait Islander Junior Encouragement of the Yea<br>(5-11 years) |





# Nitro Nat

'School Holiday, Science Fun'! (11:00AM (DOORS 10:30AM)





## **Recycling Mobile Phones**

The upper primary class are collecting old mobile phones to support recycling in our school community and to help chimpanzees. If you have an old or broken mobile phone you can bring it into the front office where we have set up a collection box. When the box is full we will be delivering it to the Monarto Zoo. The phones will be used to help chimpanzees in the wild. Thank you!



## FRIDAY 14TH JULY

TICKETS \$12.00 CHILDREN 2 YEARS & UNDER FREE

TICKETS - www.ticketbooth.com.au OR

MURRAY BRIDGE REGIONAL GALLERY PH 08 8539 1420





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To request an appointment, visit www.dental.sa.gov.au/kids/request-an-appointment

